





Children and Families Center

★When: Mondays to Fridays, 8:30 am to 5:15 pm

***Until 7 pm every Tuesday**

**Closed on holidays, new year holidays (Dec. 29 to Jan. 1)

★Where: Fureai Center (Yairo 887-1)

★Activities:

I You will receive information on how to raise children in your community.

2 You can receive Mother-Child Health booklet.

3 You can consult about pregnancy and child care.

4 Mother & Father Classes (ways to care for children)

5 Participants of the Mother & Father class will gather.

6 Care after childbirth and pelvic care.

7 Health check-ups for infants.

8 Home visits to find out if your child is doing well.

9 Families raising children interact and get together.

10 You can consult the following (until 18 yrs. old):

About child-rearing

· Cases where parents hit, kick, or ignore children

Playroom and Nursing room available.

★ No charge. Please use it freely.

★ Who: Pre-elementary school children and family

★ When: Mondays to Fridays, 9 am to 4 pm

★ Reminder: I If not feeling well, please refrain from going.

2 No hot water.

3 No eating inside.

4 Bring home your garbage (like used diapers)

■Questions: Child Support Division/ Children and Families Center (Tel. 04-7093-7151)

Change in Child Rearing Allowance for single parents starting April.

★Number of Children: Ichild: 45,500~10,740円

2 children: 56,250~16,120円 3 children: 62,700~19,350円

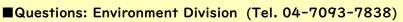
■Questions: Child Support Center (Tel. 04-7093-7113)



12,000 yen worth of coupons can be bought at 10,000 yen!

- ★ Can be used on shops under the Commerce and Industry Association until Oct. 31.
- ★ Only residents of Kamogawa City.
- ★ Please write and send out a return postcard until May 10.
- ★ Up to 5 sets per person.
- ★ Those who are chosen can use the coupons on shops written on the postcard from Jun. 17 (Mon.) to Jun. 30 (Sun.)
- *No cancellations and refunds after application.
- ■Questions: Kamogawa City Commerce and Industry Association (Tel. 04-7092-0320)

Recycle transparent egg packs and bento lids.





Please recycle glass bottles and jars!

- **★**Empty bottles of drinks, cooking ingredients, etc.:
- I The lids should be thrown with combustible or non-combustible garbage.
- 2 Empty the glass bottles or jars.
- 3 Wash the inside.
- ★ For used glass cosmetic containers and broken glass:
- I Please wrap broken glass with paper and label. (write what is inside)
- 2 Thrown with non-combustible garbage.

When throwing out raw garbage.

■Questions: Kamogawa Garbage Center (Tel. 04-7093-5300)

Satoumi II Marche

Enjoy different kinds of stalls and products.

When: Every I Ith day of the month, 9 am to 2 pm Where: Komingto Satoumi School (Uchiurg 1891-1)

■Questions: Wellness Sports Kamogawa Foundation

(Tel. 04-7096-6606, Mail: info@wellspo.jp)



Coupon





