



## Children and Families Center

- ★When: Mondays to Fridays, 8:30 am to 5:15 pm
  - ✳Until 7 pm every Tuesday
  - ✳Closed on holidays, new year holidays (Dec. 29 to Jan. 1)

★Where: Fureai Center (Yairo 887-1)

### ★Activities:

- 1 You will receive information on how to raise children in your community.
- 2 You can receive Mother-Child Health booklet.
- 3 You can consult about pregnancy and child care.
- 4 Mother & Father Classes (ways to care for children)
- 5 Participants of the Mother & Father class will gather.
- 6 Care after childbirth and pelvic care.
- 7 Health check-ups for infants.
- 8 Home visits to find out if your child is doing well.
- 9 Families raising children interact and get together.
- 10 You can consult the following (until 18 yrs. old):
  - About child-rearing
  - Cases where parents hit, kick, or ignore children

## Playroom and Nursing room available.

- ★ No charge. Please use it freely.
- ★ Who: Pre-elementary school children and family
- ★ When: Mondays to Fridays, 9 am to 4 pm
- ★ Reminder:
  - 1 If not feeling well, please refrain from going.
  - 2 No hot water.
  - 3 No eating inside.
  - 4 Bring home your garbage (like used diapers)

■Questions: Child Support Division/ Children and Families Center  
(Tel. 04-7093-7151)



## Change in Child Rearing Allowance for single parents starting April.

- ★Number of Children:
  - 1 child: 45,500~10,740円
  - 2 children: 56,250~16,120円
  - 3 children: 62,700~19,350円



■Questions: Child Support Center (Tel. 04-7093-7113)

## 12,000 yen worth of coupons can be bought at 10,000 yen!

- ★ Can be used on shops under the Commerce and Industry Association until Oct. 31.
- ★ Only residents of Kamogawa City.
- ★ Please write and send out a return postcard until May 10.
- ★ Up to 5 sets per person.
- ★ Those who are chosen can use the coupons on shops written on the postcard from Jun. 17 (Mon.) to Jun. 30 (Sun.)
- ✳No cancellations and refunds after application.



■Questions: Kamogawa City Commerce and Industry Association  
(Tel. 04-7092-0320)

## Recycle transparent egg packs and bento lids.



In simple Japanese

■Questions: Environment Division (Tel. 04-7093-7838)

## Please recycle glass bottles and jars!

- ★Empty bottles of drinks, cooking ingredients, etc.:
  - 1 The lids should be thrown with combustible or non-combustible garbage.
  - 2 Empty the glass bottles or jars.
  - 3 Wash the inside.



- ★ For used glass cosmetic containers and broken glass:
  - 1 Please wrap broken glass with paper and label. (write what is inside)
  - 2 Thrown with non-combustible garbage.



## When throwing out raw garbage.

■Questions: Kamogawa Garbage Center (Tel. 04-7093-5300)

## Satoumi | Marche

Enjoy different kinds of stalls and products.

When: Every 11<sup>th</sup> day of the month, 9 am to 2 pm  
Where: Kominato Satoumi School (Uchiura 1891-1)

■Questions: Wellness Sports Kamogawa Foundation  
(Tel. 04-7096-6606, Mail: info@wellspo.jp)

