

## Heat Stroke Information!

The Ministry of the Environment has a system to send out heat stroke warnings on days when there is a high risk for heat strokes. The city will also use their announcement systems to give warnings about heat stroke dangers but, it may be a good idea to sign up for your safety.

Heat strokes can be especially dangerous for the elderly, children, and those with disabilities, so please check on those around you often on hot days.

### On LINE:



1. Open the QR code.
2. On the Ministry of Environment's page, click the 「追加」 button.
3. In the "talk" screen, there will be a menu at the bottom of the page 「配信設定する」, click it.
4. Choose the prefecture you want to get information for (you can choose up to 5)
5. Click the 「設定」 button, and you will start getting information!

### For email service:



1. Open the QR code.
2. Click the 「空メールを送信する」 button and enter your email.
3. A registration URL link will be sent to your email.
4. Click 「同意する」 button.
5. Confirm the area you want to receive updates for and when you are finished click the 「確認画面へ」 button.
6. Finish by clicking the 「登録」 button.



**For full information on what to do in the case of a heat stroke, please visit the city homepage on heat strokes!**

※This page is in simple Japanese.



## Notice about the 4<sup>th</sup> Round of Vaccinations

Everyone will be sent out another packet of information for the 4<sup>th</sup> round of vaccinations. However, only the following people are strongly encouraged to get the shot for their own health.

- People over 60 years old
- People ages 18 – 59 who have prior conditions/illnesses, or, have a BMI over 30.

Please check the homepage for details about this.



Mask wearing guidelines have changed!  
Please check the city homepage for full details.

## Swimming areas at the beach are open for summer!

Please only swim within the open times for these swimming areas during the summer months!

**When:** July 16<sup>th</sup> – August 21<sup>st</sup>  
Everyday, 9 AM – 4:30 PM

### Beaches:

- Maebara
- Futomi
- Emi
- Shirosaki
- Uchiura



**Note:** Please follow the guidelines to prevent the spread of COVID-19. Do not get too close to others and try to avoid crowding, etc.

※ Information about beach crowds and other information can be found on the Twitter page for Kamogawa.

### Questions:

Commerce, Tourism, and Industry Division  
(04-7093-7837)

## National Health Insurance

### Insurance Tax Payment

If you are enrolled in the National Health Insurance system in Japan you will be sent a tax payment slip for this year on July 14<sup>th</sup>.

Questions: Tax Division (04-7093-7832)

### New Health Insurance Cards

If you are enrolled in the National Health Insurance system, you will be sent a new insurance card by the end of July. Please use this new card for any time you need to go to the hospital, etc., after August 1<sup>st</sup>.

*If you have a particularly high hospital bill that you can't pay, even after your coverage, please contact the Citizens Affairs Division to apply for a reduction.*

Questions:

Citizens Affairs Division (04-7093-7839)

## Free flowers for Kamogawa Citizens!

You can some flowers to spruce up your home for summer! Limited to 8 flowers per person, the offer is over once all the flowers are gone.

**When • Where:** July 11<sup>th</sup> / Tojo Community Center  
July 16<sup>th</sup> / Yoshio Community Center  
9:30AM -11AM (both days)

Questions: Ichikawa-san (080-3083-3666)

