



**■**Questions:

Kamogawa Garbage Center (Tel: 04-7093-5300)



#### Phone Consultations for Covid-19 vaccines.

Phone consultations ended on Dec. 28, 2023.
Calls from Jan. 4 will be accepted at the numbers below:

Vaccine Consultation: 04-7093-7151.
Reservations are accepted at 070-4485-9400.



- ♦ Who are qualified:
  - Mothers:
  - 1. who gave birth on and after Nov. 1, 2023.
- 2. who will be giving birth. (Includes mothers who went through:
- stillbirth, miscarriage, premature birth, or induced abortion)
- ♦ Which National Health Insurance Tax will decrease?
- Income and per capita rate
- \* The equalization fee will be charged.
- **♦** Period of discount:
- One child: 4 months worth from the month before the month of childbirth.
- Twins, etc.: 6 months worth from 3 months before the month you give birth to your child
- ☆ The Tax Division will be sending a payment notice to qualified families.

**■**Questions:

Tax Division (Tel: 04-7093-7832)

## Reminder about Frozen Pipes!

Learn how to prevent damage from frozen pipes.





# Kamogawa City Hall will be closed during the New Year holidays (Dec. 29, 2023 to Jan. 3, 2024)



#### Viral Gastroenteritis (Stomach flu) prevention.

During winter, as temperature drops, it gets colder and dry.

Viruses like Norovirus and Rotavirus spreads quickly, and if infected, you may experience symptoms like: vomiting, diarrhea, stomach pain, and slight fever.

- · Babies and the elderly are more prone to illness.
- You can get it by touching something infected,
   inhaled the virus, ate shellfish infected with virus, or drank tap water.
- **♦** Prevention:
  - I. Wash your hands thoroughly with soap. \*Sanitizers alone don't kill the virus.
  - 2. Cook the meat of the shellfish it has an internal temperature of between 85 to 95°C for at least 90 seconds.
- 3. Wash thoroughly and sanitize cooking materials before use.4. Wash the contaminated clothes with chlorine bleach.
  - \*Chlorine bleach causes discoloration. Use with caution. 5. Wash in hot water (85°C and above.)
  - ※Alcohol and detergent alone does not kill virus.
- When cleaning up vomit or waste (feces):
  I. Always wear an apron, mask, and gloves.
- 2. Spray the cleaned area with 0.1% chlorine bleach before it dries.
- ■Questions: Health Promotion Division (Tel:04-7093-7111)

### Enjoy the Illumination at Kamogawa Ocean Park until Mar. 31!

★Time: 5 pm to 9 pm 〈Jan. I, until dawn〉

■Questions: Kamogawa Ocean Park (Tel: 04-7096-1911)

## Come and visit Nanabatake Road on Jan. 6 (Sat.) to Mar. 3 (Sun.)!

- ♦ You can pick flowers and take them home!
- **★Time:** 9:30 am to 3 pm/ ★Fee:200 yen per person (10 stalks)
- ◆Ride on the mini Bullet train: Doctor Yellow!
- ☆200 yen per person (I round)
- ★When: Jan. 7 (Sun.), 4 Sundays of February (4, 11, 18, 25)
- ★Time: 10 am to 3 pm ※Except on rainy days
- ■Questions: Kamogawa Tourism Association (Tel: 04-7092-0086)