

7/15 (MON.)

## JUNE EVENTS!

### The 29th Annual Tabara Furusato Festival

**When:** July 15th (MON.)

**Where:** General Sports Facility and Culture Gym

There will be a whole host of performances and activities, including: Misa Fujino, Hiro-Hawaiian Hula, Kamogawa Junior Choir, a Bon Odori dance-along, an amateur karaoke competition, and more. As always, there will also be a flea market, rice cake giveaway, a raffle, magic show and many other events to see and enjoy. Admission is free. Questions Tabara Furusato Festival Director Sasaki-san (090-1942-6976)



7/14 (SUN.)

### Mud Volleyball Tournament in a rice field!

**When:** July 14th (SUN.) 10 AM-

**Where:** Tennen Mura (Hiratsuka 1062-2)

The charm of nature goes beyond generations to be something we can all enjoy! We, along with people all around Japan will celebrate this with our own Chiba Volleyball Tournament. 1000 yen per person to join. Please wear something that you can get dirty/wet in, goggles, towel, and a change of clothes. Please apply by July 10th (Wed.) Tennen Mura 04 (7099) 9002



### Kozuka Art Festival 2019

**When:** July 27th - August 4th, 11AM-5PM & 6-9PM

**Where:** Kozuka Art Garden (Kozuka 1710) and Satoyama Design Factory (Kozuka 375-1)

Come celebrate the importance of life and nature through art at this open-air art festival! There will be exhibitions, workshops, musical performances, an organic cafe, and much more. Parking is available in front of the Oyama Community Center. (about 20 minutes walk to the event) In the evening there will be live music and bon odori at the Satoyama Design Factory location. There are no admission fees. Questions Miyashita-san (Kozuka Art Festival Committee) 080-5475-4931

## Be careful this summer... Heatstroke: Catching it early!



“Heatstroke” has a reputation for happening to those working outdoors or in direct sunlight but, if you can’t cool off from high heat and humidity it can happen anywhere at anytime.

Heatstroke can develop very quickly into a life-threatening condition. Important prevention methods are: “Getting enough water”, and “Avoiding the heat”. If you have any combination of the following symptoms your condition could quickly get to a dangerous level.

Steps to helping someone with heatstroke symptoms:

1. Call and ambulance and move to a well ventilated, shaded, air-conditioned place
2. Loosen clothing and relax the body
3. Get cool water or cover the neck, under the arms, and upper thighs with ice or ice packs
4. Replenish the water and salt intake; Either with a supplement or by adding 1-2 grams of salt to regular water

### Slight Heatstroke

- dizziness
- getting vertigo
- sore, aching muscles
- non-stop sweating



### Dangerous level

- body feels heavy
- headache
- nausea
- numbness



### Emergency level

- unconscious
- convulsions, cramps
- high body temperature
- strange, or muffled speech
- fast breathing
- unable to move arms or legs



### - Exhibit Bulletin -

### Temples and Shrines of Edo-Meiji Era Japan

#### *Kamogawa Pilgrimage Documents*

July 20th (SAT.) - September 29th (SUN)

Kamogawa Folk Museum, 2F Exhibition Room

Questions 04(7093)3800



## The Disaster Prevention Administration Announcements will change with how the signal is broadcast according to alert level.

The city’s disaster prevention broadcast system is changing how evacuation warnings and emergency evacuation announcements are given. In line with a recent reform to the national “Guidelines for Evacuation Administration”, announcements for emergency situations will be split into 5 levels of alert.

In the past announcements would simply announce: “This is Kamogawa Disaster Prevention. This is the official announcement advising evacuation from the landslide in the --area.” These will now include a level 1-5 announced with a given emergency.