

12/15 (sun.)

# DECEMBER EVENTS!



## Chat Cafe for Foreigners!

**When:** Sun., December 15th 1PM-3PM

**Where:** JOSAI Awa Learning Center Balcony Lounge  
There will be a presentation on "Disasters and Ways to Prepare" at this month's chat cafe. There is no admission fee and this cafe is aimed at foreigners living in Kamogawa. Please sign-up by Wednesday, December 11th with KIRA (7093-5931)

12/22 (sun.)

## International Christmas!

**When:** Sun., December 22nd 10AM - 12PM

**Where:** Chuo Community Center  
Why not come and enjoy a unique "world-wide" Christmas party? Kids and adults alike are welcome to join in our Christmas games and present exchange. Please bring a present (within a 1,000 yen budget) and 500 yen for the admission fee. Sign-up for this event with KIRA (7093-5931) by Monday, December 16th. This event is limited to 30 people.

## The Citizen's Gallery will close on April 1st, 2019

This gallery which has been well used by the citizens of Kamogawa was opened in October 1991. Made with the purpose of raising cultural appreciation in the area, it has hosted many exhibitions and lectures over the years. But, due to less usage and the facilities aging, the city decided to close the gallery.

Citizens wanting to hold exhibitions will now have to seek out other venues. The parking lot adjacent to the gallery will also be closing in April. So, please be careful not to use it after that time.

**Questions:** Citizen's Gallery (7093-2366)

*Closed every Monday.*



## TIPS FOR FLU PREVENTION!

### Ways to Prevent the Flu:

Avoid contact with large crowds

Wear a mask when going out

After going out wash your hands/gargle

Rest often and eat balanced meals

Keep your room is ventilated/humidified

Get the flu vaccine

Practice good oral hygiene



## BEWARE OF THE FLU THIS YEAR!

Every year the flu starts to spread at the start of winter but this year flu outbreaks have been starting earlier. It is easily spread and will have symptoms including fever, headaches, sore joints, and overall effects on the body.

There is a 24-72 hour period which no symptoms will appear. Usually the flu will take between 2 and 7 days to get cleared from the system. But this can be complicated or prolonged by other illnesses. Children, the elderly, and people with heart, lung, or immune system problems are especially at risk for the flu becoming a more serious health problem.

※Flu Vaccine Support is available for older patients who need this service until Tuesday, December 31st. For details contact the Fureai Center (7093-7111)

## *Celebrate the holidays with some performances!*

### KAMOGAWA COMMUNITY CENTER FESTIVAL!

**When:** December 14th (12PM - 4PM), 15th (10AM - 2:30PM)

**Where:** Civil Sports Center - Bunka Gym

There will be a whole host of performances including the Kamogawa Song Birds, and Kamogawa Junior Choir. There will also be works of art on display!

**Questions:** Chuo Community Center (7093-1141)

### THE 6TH ANNUAL MANDOLIN CLUB CONCERT

**When:** December 8th, starting at 1:30PM

**Where:** Tojo Community Center

A performance featuring guitars and mandolins and presented by the Kamogawa Mandolin Club.

**Questions:** Yasuda-san of the Mandolin Club (7092-3077)

### KAMOGAWA MAGIC SHOW PRESENTATION!

**When:** December 21st, 1PM-3PM

**Where:** Tojo Community Center

See an international magic pro, Kojo Sugaya and Saori! Plus the stylings of the Kamogawa Magic Club.

**Questions:** Soejima-san (7098-4580)

### MINI CHRISTMAS CONCERT AT KOKUHO HOSPITAL

**When:** December 21st, starting at 2PM

**Where:** Lobby of Kokuho Hospital

Nagasa High School Choir, Kameda University of Health Sciences Brass Band, and more will perform Christmas songs.

**Questions:** Kokuho Hospital (7097-1221)

