MAY BULLETIN!

If you are worried about COVID-19

If you are worried that you may have COVID-19 please contact one of the following help lines before heading to the hospital:

Chiba Prefectural Consultation Service (Call Center)

0570-200-613 24 hours-a-day, every day, holidays and weekends included

Returnees and Potential Contact Consultation Center

Your nearest health center will serve as your consultation center.

Awa Health and Welfare Center

0470-22-4511 Weekdays, 9 AM - 5PM

Kamogawa Health Center

04-7092-4511 Weekdays, 9 AM - 5PM

*For times outside of these service hours contact the Chiba Prefectural Call Center

Citywide Events: Cancelled or Postponed

Events planned for May have been postponed or cancelled in order to avoid spreading the novel coronavirus. Public facilities will remain closed for use until further notice. Thank you for your cooperation.

Take out and Delivery!



One way we are trying to curb the spread of the novel coronavirus is to have restaurants in the city restrict eat-in orders and in some cases temporarily close down. However, there have been restaurants that have begun to do take-out and delivery orders. Use the QR code to see which of your favorite restaurants are offering takeout and delivery!

How to make an easy mask in 30 seconds! -

All you need is a handkerchief and two elastic loops or rubber bands.

- 1. Fold your handkerchief in half once, and then once more lengthwise
- 2. Then divide this into thirds, and slip the elastic loop (or rubber band) to mark these spots
- 3. Last, fold the handkerchief over the rubber bands and put your mask over your mouth and ears!

Stay Home, Stay Safe

As per the state of emergency request, do not go out for non-essential reasons. This request is in effect until at least May 6th, for the time being. We ask for your cooperation.

Essential travel is limited to the things that are absolutely essential to your daily life. Grocery shopping, getting medicine or essential supplies, or going to the hospital fall under "essential travel". As a general rule stay at home.

Golden Week is a group of holidays that usually fall between the end of April and the beginning of May. We will start Golden Week at the end of April so, why not spend the week relaxing at home! Take care of some spring cleaning, get a workout in, watch some movies! Whatever you decide please do it at home.

Beware of Mask Scams and Giving Away Bank Info

Be ware of people trying to take advantage of you during the coronavirus pandemic. There are people who pretend to be city hall employees asking for banking information or selling masks. City Hall, the police department, cellphone companies, and official organizations <u>will not</u> ask for your information on the phone or over mail. Be careful with unfamiliar phone numbers, e-mails, and visitors.

If you are unsure about someone's identity or intention please call the Chiba Prefectural Consumer Center at 047-434-0999, for help.

International Resident Consultation

Kamogawa City is continuing to provide multilingual support to foreign residents with a consultation window. If you have questions about work, medical related issues, care for the elderly, having a child, child care, etc., please don't hesitate to use this service.

Where: City Hall 2F - Citizen Exchange Division

When: Monday - Friday 8:30 - 16:30

TEL: 04-7093-931

Languages offered:

Simple Japanese, there is: English, Chinese, Vietnamese, Tagalog, Korea, Thai, Nepalese, Indonesian, Spanish, Urdu, French, Hungarian, Russian, Persian, Malay, Portuguese, etc.

Cloth Masks

Two cloth masks will be sent to each household from the Japanese government. If you get a mask in the mail please feel free to use them.

Washing Cloth Masks!

- 1. Add your regular clothing detergent to a bucket of water (0.7g or a half a teaspoon of detergent for 2L of water)
- 2. Let the mask soak in that for 10 minutes
- 3. After 10 minutes, lightly brush the mask (don't scrunch or crush the mask while washing)
- 4. Rinse out the mask
- 5. Pat out the moisture with a towel and let dry away from direct sunlight

*If you are worried about a stain, use a chlorine based-bleach (1/3 of a cap for every 2L of water). Be careful when using bleach to clean.







