

PCR Testing and COVID-19 Prevention



- Only head out when going to work, the hospital, shopping for necessities, or if you are planning to work out
- Continue avoiding the 3 C's [crowded places, closed spaces, close contact]
- Follow preventative measures like maintaining proper distance between people (6 feet/ 2 meters), always wearing your mask, and washing your hands with soap/ using hand sanitizer.

If you have a fever or are worried that you may have COVID-19, please contact one of the following:

- ▼ **Chiba Prefecture Consultation Call Center**
TEL: 03-6747-8414 Hours: 24 hours a day, everyday
- ▽ **Fureai Center, Health Promotion Division**
TEL: 04-7093-7111 FAX: 7093-7115
Hours: 8:30 AM - 5:15 PM, MON- FRI (until 7:00 PM on TUES)
※ If you have trouble hearing, you can send a fax for consultation but it may take some time for you to get a response.
- ▼ **Ministry of Health, Labour, and Welfare**
TEL: 0120-565653 Hours: 9 AM - 9PM, everyday



For anyone who has gotten a PCR Test:
It is important that you self-quarantine/avoid contact with others until you get your test results.

- Air out your car on the way home from getting tested
- Don't stop at the super market or convenience store on your way home
- Don't go out or get together with others until you find out your test results
- Take basic steps to reduce the spread (washing your hands, covering your mouth, etc.)

If you had contact with someone who got a PCR test:
Follow the directions of the Healthcare Center if you are contacted. Refrain from going out as much as possible. It is possible that the virus is in your body even if you don't have symptoms.

There is a state of emergency in effect until March 7th. Events held at public facilities will be cancelled or postponed until that time. The following events are cancelled:

※ You can still get individual consultation about child rearing.
※ More events than listed may be cancelled due to the state of COVID-19

Event	Contact	TEL
6th Annual Citizen Sports Tournament	Sports Promotion Division	(04-7093-5111)
Child Rearing Events	Child Support Division	(04-7093-7113)
Library Events	Kamogawa Public Library	(04-7092-0312)
※ "Mogu Mogu" Classroom	Health Promotion Division	(04-7093-7111)

Filing Income Taxes/ Residency Taxes

February 16th - March 15th

People who had any income during 2020, will have to file income taxes. You may have tax deductions or tax exemptions which will change what you owe in income tax. The city will take measures to allow people to send in or file without coming to the city hall if they don't want to.

For those filing for Residency Taxes:
You can send your paperwork by mail. If it is your first time, you can hand in your paperwork at any branch offices, or even the Citizen Service Center on AEON 4F. Address your paperwork to "Kamogawa City Hall, Tax Division".

For those filing Income Taxes:
We recommend you use the National Tax Agency homepage. After filing your final income e-Tax statements you can print the completed forms and send them to the Tateyama Tax Office. If you would like more information please check the National Tax Agency homepage.

- If you MUST come to the city hall:**
1. If your temperature is over 37.5°C, stay home
 2. If you have a cough, fever, etc. do not come
 3. Wear a mask
 4. Come alone or with few people
 5. Use the hand sanitizer at the city hall entrance

※ There are often many people who come during this time of year. You may have to wait quite a long time.

- What to bring:**
- Personal seal (inkan/hanko)
 - Personal ID (foreign residence card, driver's license, MyNumber card)
 - 「確定申告のおしらせ」 postcard or a written notification about filing
 - If you are seeking a return, bring your banking information
 - Something that shows your income for the last year
 - (1) Pay stubs, or Public Pension Statement of Earnings
 - (2) Business earnings (trading・agriculture) or real estate earnings
 - (3) Verification of COVID-19 support funds ...etc.
 - Anything to verify deductions/exemptions
 - (1) Social Welfare Insurance certificates, receipts, etc.
 - (2) Medical Cost Deductions
Itemized Medical Expense list, statements about medical costs, etc.
 - (3) Disability Cost Deductions
Physical disability certificate, rehabilitation booklet, etc.

※ Depending on what you file for you may need different documents
※ Please don't come to file until you have filled out your Itemized Income Form (収支内訳書) or don't have your Itemized Medical Expense list (医療費控除の明細書)

If you have more tax questions please check this resource from CLAIR.



Questions:
About Income Taxes and Final Income Tax Returns
Tateyama Tax Office (0470-22-0101)
About Residency Tax
Tax Division (04-7093-7832)



Be careful going out at night!



Traffic accident rates are much higher when it is dark out. If you go for a walk or go out at night, wear bright or reflective clothing. It may be a good idea to also carry a light so that driver's can see you when it's dark out, like early in the morning and late in the evening. When driving in the dark, you should also be extra cautious of people walking.

Questions:
Kamogawa Police Department (04-7092-0110)

Library Closed: March 1st - 8th

The library will close to take stock of their inventory for 8 days from March 1st to the 8th. During this time you will not be able to browse or checkout books. If you need to return any items during this period, please use the post box at the library's entrance, any community centers, any branch offices, the Amatsu-Kominato City Hall Branch Office, or the citizen service center on the 4F of Aeon.

Questions:
Kamogawa Public Library (04-7092-0312)



Testing a new cell phone frequency!

On February 18th the city will test out a new frequency (700MHz) system for cell phone usage. As it is a test, there may be some complications with television signals in certain areas of the city. Areas that may be more affected will get a notification in their mailboxes about this test. If you have any problems with your television reception during this time you will be able to get free assistance from the helpline below. Someone will come to your house and fix any reception issues.

Any repair person will carry certification that they work for an official company. There is no cost for repairs. So, anyone who asks for money is not a certified repair person. If you need assistance or encounter a fake repair person, please call the following number.

Questions:
700MHz TV Reception Repair Call Center [Toll free] (0120-700-012) Hours: 9AM - 10PM

